

Provincial Wellness Grants Projects 2006-07

EASTERN REGIONAL HEALTH AUTHORITY

Organization: School of Human Kinetics & Recreation, MUN

Description: This project has a research focus with 4 pilot sites: Burin, Clarendville, Bonavista and Coley's Point. It brings daily physical activity to children in their classrooms through their teacher

Organization: St. John's Community Center Alliance

Description: Encourages partnership and sustainability for the individual community centres who applied for grants previously to work together collaboratively.

Organization: NL Safety Council

Description: This project aims to prevent alcohol and risk related trauma in youth, it has been used in other provinces and evaluations are positive. Youth are an important target group for injury prevention and this is a project that reaches them.

Organization: Canadian Mental Health Association

Description: Focus is stress in the workplace, plan to develop presentation, pre/post survey, target to schools, hospitals and call centres. Suggest Department of Health & Community Services, Eastern Region and Association meet to further explore partnership and work plan.

Organization: The Arthritis Society, NL

Description: Focus of the project is on arthritis management and injury prevention.

Organization: Clarendville Recreation Association

Description: Focus on physical activity for 50+ age group and will add a healthy eating focus. Consultation with Eastern Health and representatives from the Department of Health and Community Services will take place to further develop the focus and work plan.

CENTRAL REGIONAL HEALTH AUTHORITY

Organization: Harbour Breton Community Youth Network

Description: Plan to have interactive sessions on health issues for teens. Planning and implementation of the project will happen with the input and guidance of Central Health Authority and the Department contacts. This will serve as a model for other remote areas.

LABRADOR-GRENFELL REGIONAL HEALTH AUTHORITY

Organization: Labrador-Grenfell Health Authority

Description: The Health Authority and Wellness Coalition brought stakeholders together to coordinate proposal development. The planning meeting was held but no proposal was developed.